

INTERLANCY EDUCATION PRESENTS

HOLISTIC EDUCATION

Session-1 by GARGI SHUKLA





Educating the mind without educating the heart, is no education at all.

- Aristotle

Key Points to Cover

WHAT THIS SESSION INCLUDES

- Introduction to Holistic Education
- Elements of holistic education
- Importance of holistic education
- Meta learning
- Metacognition
- Growth mindset
- Personality Development and holistic education
- Credits



INTRODUCTION TO HOLISTIC EDUCATION

Educating individuals to live
responsibly in an Emergent,
sustainable culture

Elements of Holistic Education

CONDUCTIVE
LEARNING SPACE

AN EFFECTIVE
CURRICULUM

ACTIVITIES THAT
EDUCATE THE
WHOLE CHILD

PASTORAL CARE
EMPHASIZED



Importance of Holistic Education

- ***Psychological, Social and Emotional growth.***
- ***Instills curiosity***
- ***Learn naturally and creatively***
- ***Attuned to each child's individual persona and learning style***
- ***Better communication and social skills, and better confidence.***
- ***Learning and challenging themselves***

Meta Learning

- Meta layer of education, in which students practice reflection, learn about their learning, internalize a growth mindset that encourages them to strive, and learn how to adapt their learning and behavior based on their goals.

Elements of Meta learning

META COGNITION

Key to recognizing
opportunities for
improvement

GROWTH MINDSET

Necessary to believe
that one can
successfully improve



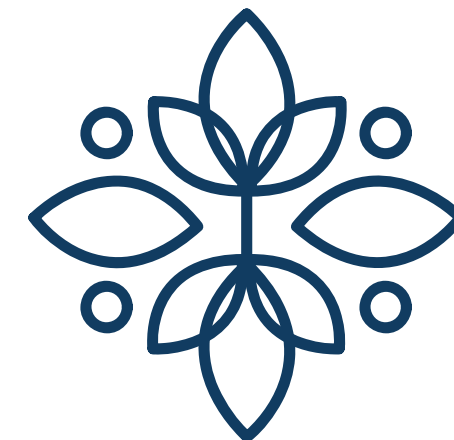
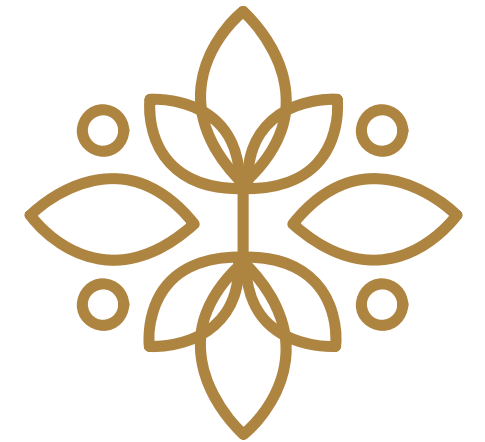
Meta Cognition

- The process of thinking about thinking.
- It can improve the application of knowledge, skills, and character qualities in realms beyond the immediate context in which they were learned.

Growth Mindset

A FRESH NEW LOOK

- People recognize that talent is just the starting point, and believe that abilities can be developed through hard work.
- This view creates a love of learning for the sake of learning, and a resilience that is essential for success in large endeavors

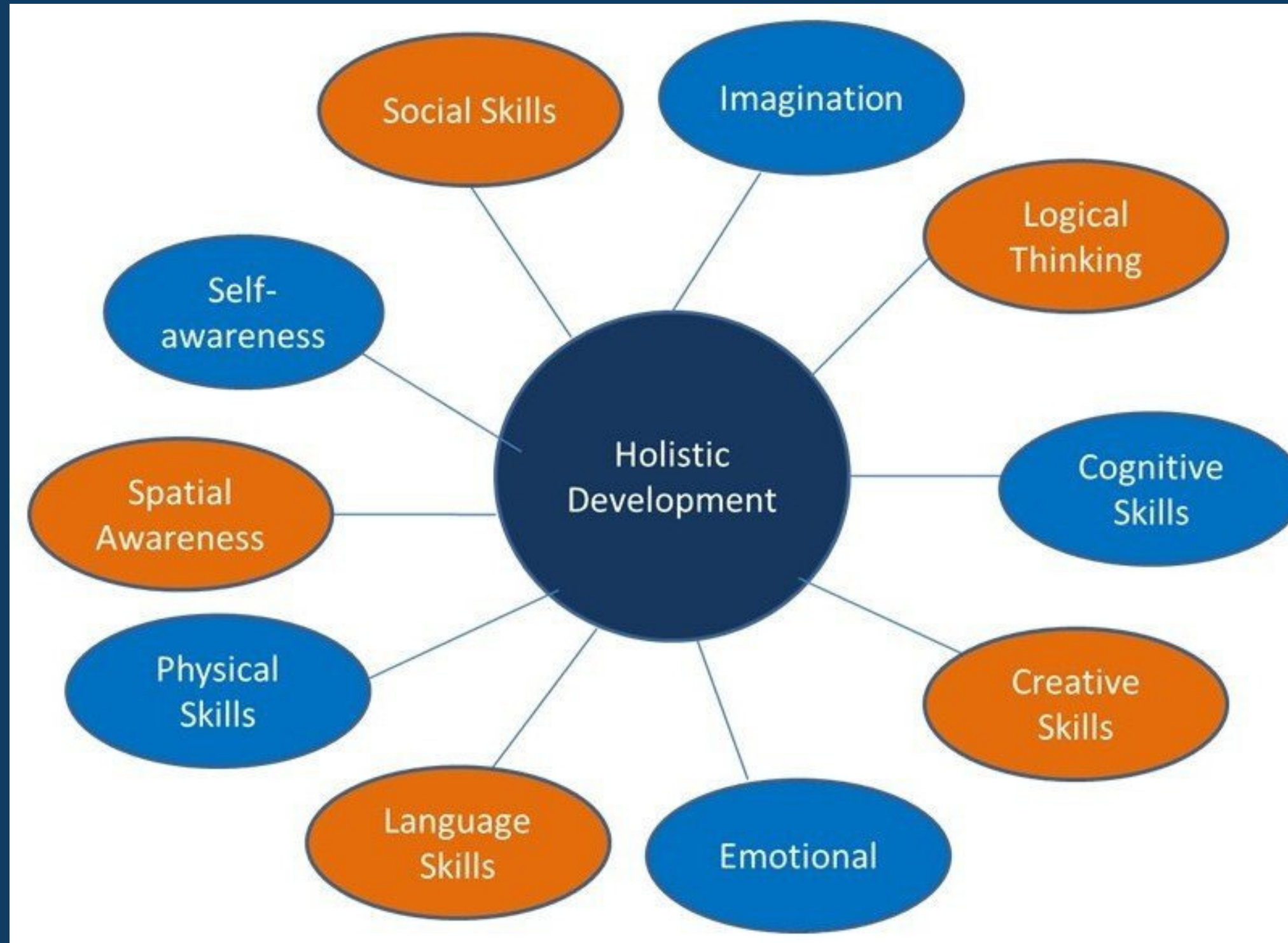


Personality Development



Describes holistic personal development by categorizing the different aspects of ourselves into physical, mental, emotional, spiritual, and professional dimensions.

Elements of Holistic Personality





Acknowledgements

INTERLANCY EDUCATION

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Feedback and Suggestions



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