## General Instructions:

1. This paper is divided into THREE parts: $A, B$ and $C$. All questions are compulsory.
2. Separate instructions are given with each section and question, wherever necessary. Read these instructions very carefully and follow them.
3. Do not exceed the prescribed word limit while answering the questions.

PART-A READING SKILLS
(26 Marks)

1. Read the passage given below.

It's not 'cool' to be fat, but that has not prevented an obesity epidemic from occurring among America's youth. Childhood obesity increased from $5 \%$ in 1964 to about $13 \%$ in 1984 . Today it is about $20 \%$ and still rising. Children, on an average, spend up to five to six hours a day involved in sedentary activities like watching television, using the computer and playing video games, which is partly to blame for this escalating rate. Perhaps it wouldn't matter if they were sufficiently active at other times, but most of them aren't.
To make matters worse, children are bombarded with TV ads from fast food chains and other purveyors of high fat, high sugar meals and snacks. These highly effective advertising campaigns, combined with a physically inactive lifestyle, have produced a generation of kids who are at high risk of obesity-associated medical conditions.
The major health threat is the early development of Type 2 diabetes (adult onset), particularly in children with a family history of disease. Doctors are reporting a surge in young adolescents developing Type 2 diabetes which can lead to heart disease, high blood pressure, kidney disease, stroke, limb amputations and blindness.
People who develop diabetes in adolescence face a diminished quality of life and shortened life span, particularly if the disease progresses untreated. It's a scary prospect for our children, but, in many cases, obesity and diabetes are preventable.
When children are spending most of their free time in front of televisions and computers, they are not outside running, jumping or engaging in team sports that would keep their weight down. Parents need to set limits on the time their children are engaged in passive activities.
Paediatricians recommend restricting children to one to two hours per day on TV and computers combined though older children may need additional time for learning activities. Parental involvement remains the most important key to our children's healthy diets. Programmes to educate parents about nutrition are essential. Fast foods should be consumed only in moderation. Caregivers, who are often busy and harried, must avoid the temptation to whisk their kids into fast-food restaurants or to pick up fast food for dinner at home. Changing eating habits and lifestyles is not easy, but the health benefit for our children is a wonderful payoff for parents willing to take on the task.
On the basis of your reading of the passage, answer any ten of the following questions by choosing the correct option.
(1x10=10)
i. The major reasons behind obesity among children is/are

1. Studying
2. Playing outdoor games
3. Their sedentary lifestyle
4. Eating nutritious food
a) Only 1
b) 1 and 2
c) Only 3
d) Only 4
ii. Early development of type 2 diabetes is normally found in children with. $\qquad$
a) Sedentary lifestyles
b) Strict parents
c) Voracious appetites
d) A family history of the disease
iii. Pick the option that is NOT TRUE as per the passage.
a) An obesity epidemic is occurring in America.
b) The doctors advice parents to restrict their children's TV viewing to 2-3 hours per day.
c) Changing eating habits and lifestyles is tough.
d) Caregivers should not give fast for dinner to their children.
iv. Why is the current generation of children at high risk of obesity associated medical condition?
a) Effect of advertisements of junk food
b) Inactive lifestyle
c) Both (a) and (b)
d) Neither (a) nor (b)
v. The most important key to children's healthy diets is $\qquad$
a) Parental involvement
b) Ban on advertisements of junk food
c) Lowering the intake of sugary items
d) All of these
vi. The adverse effect of developing diabetes in adolescence includes. $\qquad$
5. obesity
6. reduced life span
7. high quality of life
8. drinking
a) Only 1
b) Both 1 and 3
c) Only 4
d) Only 2
vii. The major health threat of obesity is $\qquad$
a) Heart disease
b) Blindness
c) Limb amputation
d) Type 2 diabetes
viii. Pick the option showing the correct use of the word 'moderation' as used in the passage.
a) I used moderation a lot.
b) We should moderation our resources.
c) Moderation in everything is a key to a successful life.
d) Can I get moderation here?
ix. Which of the following words in the last paragraph is a synonym of 'hurry'?
a) Busy
b) Harried
c) Whisk
d) Quick
x. A word in the passage which means 'sharp increase' is $\qquad$
a) Surge
b) Sedentary
c) Effective
d) Shortened
xi. Select the figure which shows the correct increase in childhood obesity in the US.

(a)

(b)

(c)

(d)

## 2. Read the passage given below.

i. The Commonwealth of Nations, generally known simply as the Commonwealth, is a political association of 54 member states, nearly all former territories of the British Empire. The chief institutions of the organization are the Commonwealth Secretariat, which focuses on intergovernmental aspects, and the Commonwealth Foundation, which focuses on non-governmental relations between member states.
ii. The Commonwealth dates back to the first half of the $20^{\text {th }}$ century with the decolonization of the British Empire through increased self-governance of its territories. It was originally created as the British Commonwealth of Nations through the Balfour Declaration at the 1926 Imperial Conference, and formalized by the United Kingdom through the Statute of Westminster in 1931. The current Commonwealth of Nations was formally constituted by the London Declaration in 1949, which modernized the community and established the member states as 'free and equal'.
iii. Member states have no legal obligations to one another, but are connected through their use of the English language and historical ties. Their stated shared values of democracy, human rights and the rule of law are enshrined in the Commonwealth Charter and promoted by the quadrennial Commonwealth Games.

Members of the Commonwealth

| Country | Date of Commonwealth Membership |
| :--- | :--- |
| United kingdom | 1931 |
| Canada | 1931 |
| Australia | 1931 |
| New Zealand | 1931 |
| South Africa | 1931 |
| India | 1947 |
| Pakistan | 1947 |
| Sri Lanka (formerly Ceylon) | 1948 |

On the basis of your reading of the passage, answer ANY EIGHT of the following questions by choosing the correct options.
I. Pick the option that lists the statements that are NOT TRUE according to the passage.

1. The Commonwealth is not a political association.
2. The member states of the Commonwealth are free and equal.
3. Democracy is a shared value in Commonwealth states.
4. Canada joined the Commonwealth in 1931.
a) Only 2
b) Both 2 and 3
c) Both 3 and 4
d) Only 1
II. Which organization is responsible for inter-governmental management of Commonwealth?
a) Commonwealth Secretariat
b) Commonwealth Foundation
c) Commonwealth Games
d) None of these
III. What is Commonwealth Foundation?
a) A trust formed by Commonwealth countries.
b) An organization formed by the United States.
c) An institution of Commonwealth responsible for non-governmental relations.
d) An institution of Commonwealth responsible for governmental activities.
IV. British Commonwealth of Nations was created through
a) Balfour Declaration
b) London Declaration
c) Geneva Declaration
d) Imperial Declaration
V. What is the significance of London Declaration of 1949?
5. It constituted the British Commonwealth.
6. It ended the colonization of Britain.
7. It laid the procedures for joining the organization.
8. It established the member states as 'free and equal'.
a) Both 3 and 4
b) Both 1 and 2
c) Only 4
d) Only 2
VI. The Commonwealth Charter enshrines the values of
a) Democracy
b) Rule of law
c) Human rights
d) All of these
VII. In which year did Canada join the Commonwealth?
a) 1931
b) 1947
c) 1948
d) None of these
VIII. Pick the option that lists the correct ascending order of the countries joining the Commonwealth.
a) Sri Lanka, Pakistan, Canada
b) South Africa, Sri Lanka, Pakistan
c) South Africa, India, Sri Lanka
d) India, United Kingdom, Canada
IX. Pick the option showing the correct use of word 'dates' as used in the passage.
a) Dates are a good source of protein.
b) She went on a date with her neighbor.
c) The relic dates back to $2^{\text {nd }}$ century $B C$.
d) Please sure the date for the climate change meeting.
9. Read the passage carefully.
i. Fashion is a force - a powerful force of constantly altering patterns of change and growth. Its constant movement affects the fate of the designers and manufacturers who distribute it, and of course, the lives of the consumers who follow what it dictates. All of its facets taken together add up to a multi-million dollar industry. Fashion today means mega bucks.
ii. Fashion is also a science. Surprising, isn't it? However, it is well-known that it involves known facts and basic principles and its actions and reactions can be predicted, as these are based on those facts and principles. Fashion is one of those distinct and unique trades that is highly dependent on the environment and the changes that are continuously taking place in it. These have to be understood by the designers if they want to become successful.
iii. For one to make it to the top in the fashion business and stay there, one has to continue to discover and innovate to fulfill the needs and wants of the customers. For this, most of the top designers such as Yves Saint Laurent, Karl Lagerfelt, Claiborne etc., all rely upon their creativity backed years of invaluable experience. In this line work, instinct and intuition play a very major role besides the knowledge of past successes and failures.
iv. As the power of fashion to influence our lives grows, a number of misconceptions about it continue to abound. The most common of these is that designers and retailers dictate what the fashion will be, by accepting or rejecting the styles and trends that are offered. They are truly, as one 'fashion guru' once said, 'Variety vultures'. However, it is not so - actually customers dictate the trends.
v. The second misconception is that fashion acts as an influence on women only. However, actually, men today are as much influenced by, and responsive to, fashion as women. In point of fact, the male fashion industry has been
growing at a dizzying rate. Yes, there was a time when menswear was not exactly worth talking about. It was staid and unimaginative. But that does not mean that men did not dress up according to the latest trends of the day.
vi. Fashion today is more lifestyle oriented and quite practical. The modern male and female want to dress differently for office and leisure. Designers are becoming more daring so that the women as well as the men have a wide choice. There are different designs for every moment of a busy social schedule - from work, lunch to afternoon tea, cocktails, dinner and gala banquets.
a. On the basis of your reading of the above passage, make notes on it using headings and sub-headings. Use recognizable abbreviations, wherever necessary. Supply an appropriate title to it.
b. Write a summary of the given passage in about 80-100 words.

GRAMMAR \& CREATIVE WRITING SKILLS
(7+16=23 Marks)

## 4. Answer ANY SEVEN of the following.

i. Their house is being renovated. So they $\qquad$ (live) in a rented house.
a. Are living
b. Were living
c. Had been living
d. Lived
ii. How long $\qquad$ the earth $\qquad$ on its axis?
a. Spins, does
b. Has, spun
c. Has, been spinning
d. Does, spins
iii. He is too clever to fall into a fraudster's trap. (Rewrite without using 'too')
a. He is so clever that he couldn't fall into a fraudster's trap.
b. He was so clever that he cannot fall into a fraudster's trap.
c. He is so clever that he cannot fall into a fraudster's trap.
d. He is so clever that he may not fall into a fraudster's trap.
iv. If we do not secure our borders, we may lose some territory. (Rewrite using the beginning given) Unless we $\qquad$ _.
v. He works at night so that he can study at day. (make it simple)
a. He works at night and studies at day.
b. As he studies at day, so he works at night.
c. Although he studies at day, he works at night.
d. He works at night to study at day.
vi. As her father died, she became helpless. (Make it compound)
a. Her father died and she became helpless.
b. She became helpless when her father died.
c. Her father's death made her helpless.
d. Her father died, so she became helpless.
vii. He used to visit us every week, but he $\qquad$ now.
a. Rarely comes
b. Is rarely coming
c. Has rarely come
d. Rarely come
viii. None but a coward would flee from his duty. (Transform into Affirmative)
a. Only but a coward would flee from his duty.
b. Only a coward would flee from his duty.
c. A coward can flee from his duty only.
d. A coward can only flee from his duty.
5. You are the Senior Administrator of American library, Mumbai. You want to recruit people for the following posts: computer assistant, assistant librarian and peon. Draft an advertisement in about 50 words asking interested people to apply for the posts. Mention the necessary details.

You own an independent house in B-block, South City, Gurgaon. You want to sell it as you are going to settle abroad. Draft a classified advertisement in not more than 50 words to be published in 'Gurgaon Times', giving necessary details.
6. Child labour is a serious offence, affecting millions of children in the country. On behalf of the Child Welfare Ministry, design an attractive poster urging people to help prevent injustice to minors.

OR
Communal harmony is the need of the hour. It is the duty of every right-thinking citizen to fight communal riot and conflict. As a concerned social worker, design a poster in about 50 words highlighting the importance of communal harmony.
7. You are invited to deliver a speech in the school assembly on the topic 'Reading habits have taken a back seat in modern education system.' Prepare your speech in about 120-150 words. You are Rashmi/Raj.

OR
You are the class representative, Class XI of Gandhi Memorial School, Pushp Vihar. You have been asked to prepare a speech on the need to imbibe principles of truthfulness, gentleness and cooperation to counter the growing violence in today's world. Write this speech in about 120-150 words.
8. Social media is a curse in a large population like ours. Write a debate speech either FOR or AGAINST the motion in about 120-150 words. You are Harish/Hema.

OR
'Our large population is not a cause of poverty but an asset, a resource.' Write a debate speech in about 120-150 words either FOR or AGAINST the motion.

## LITERATURE \& SUPPLEMENTARY READING TEXT

9. Read the extracts given below and answer the following questions. (Do ANY ONE).
A. "When did my childhood go?

Was it the day I ceased to be eleven
Was it the time I realized that
Hell and Heaven
Could not be found in Geography
And therefore could not be
Was it the day!"
i. Which is the correct meaning of the word 'ceased'?
a) Started
b) resumed
c) forgot
d) stopped
ii. What did he realize about Hell and Heaven?
iii. How did the poet realize that Hell and Heaven were imaginary?

OR
B. "Eternal I rise impalpable out of the land and the bottomless sea, upward to heaven, whence, vaguely form'd altogether changed, and yet the same,"
i. What does 'eternal I rise' mean here?
a) It is a continuous process.
b) It rises to eternity.
c) It keeps on rising until it reaches heaven.
d) None of the above.
ii. How is ' $l$ ' altogether changed and yet the same?
iii. The word 'impalpable' in the extract means
10. Read the extracts given below and answer the following questions. (Do ANY ONE)
(3x1=3)
A. Eventually the substitute fans worked well enough to finish the procedure. After checking that no data had been lost, the technician turned Tut over to the workman, who carried him back to the tomb. Less than three hours after he was removed from his coffin, the Pharaoh again rested in peace where the funerary priests had laid him so long ago.
i. What was the 'procedure'?
ii. Why could the main fan not be used?
iii. Who supervised 'the procedure'?
a. Zahi Hawass
b. Howard Carter
c. A.R. Williams
d. Osiris

OR
B. He thanked the girl politely and came out. It was characteristics of him not to worry about where he would stay. His main concern was to make his way to the library of Asiatic Society to solve the riddle of history. Grabbing a quick lunch at restaurant, he made his way to the Town Hall. Yes, to his relief, the Town Hall was there and it did house the library. He entered the reading room and asked for a list of history books including his own.
i. What was the riddle of History that 'he' wanted to solve?
ii. Which chapter have these lines been taken from and who is the author?
a. Silk Road, Jayant Narlikar
b. The Adventure, Nick Middleton
c. The Adventure, Jayant Narlikar
d. The Address, Marga Minco
iii. Identify the phrase in the extract which is similar to 'carefree'.
11. Read the extracts given below and answer the following questions. (Do ANY ONE)
A. I wouldn't go back there because the objects that are linked in your memory with the familiar life of former times instantly lose their value when, severed from them, you see them again in strange surroundings. And what should I have done with them in a small rented room where the shreds of black-out paper still hung along the windows and no more than a handful cutlery fitted in the narrow table drawer? I resolved to forget the address.
Of all the things I had to forget, that would be the easiest.
i. Why did the narrator not want to go back?
ii. Why did she not claim her mother's belongings?
a) Because she did not care for her mother.
b) Because it brought back painful memories.
c) Because she did not have place to keep them.
d) Because she understood that the lady would not give them back.
iii. The closing lines of this passage depict

1. The mental depression of the narrator
2. The suffering brought by the war
3. The pain caused by the rudeness of the lady
4. The disinterested attitude of the narrator
a) Only 1
b) both 1 and 2
c) both 3 and 4 d) only 2
iv. What was the easiest of all things for the narrator to forget?

OR
B. Andrew, abruptly recalled from the contemplation of his own affairs, told Morgan to wait. He went into the house for his bag, the together they set out for Number 12 Blaina Terrace. The night air was cool and deep with quiet mystery. Usually so perceptive, Andrew now felt dull and listless. He had no premonition that this night call
would prove unusual, still less that it would influence his whole future in Blaenelly. The two men walked in silence until they reached the door of Number 12, then Joe drew up short. "I'll not come in," he said, and his voice showed signs of strain. "But, man, I know you'll do well for us."
i. What was odd about Andrew that night?
a) he was absent minded.
b) He was dejected.
c) He felt dull and listless.
d) He was not in control of his senses.
ii. Why did Joe refuse to go in?
a) Because he was nervous.
b) Because he was not needed inside.
c) Because he had to go somewhere else.
d) Because he had some work to do.
iii. "He had no premonition that this night call would prove unusual". Did the night turn out to be unusual?

Explain briefly.
iv. Identify the word in the extract which is similar to 'a person who has the ability to understand things quickly and accurately, often involving keen insight and awareness.'
12. Answer any TWO of the following questions in 40-50 words.
(3x2=6)
i) Which movement of the goldfinch compared with lizard? What is the basis for this comparison?
ii) How did the sparrows express their grief over grandmother's death in the chapter 'The Portrait of a Lady"?
iii) What preparations did the narrator and his wife make for their round-the world sea voyage?
iv) What do the words 'an empty hand' signify? (Father to Son)

## 13. Answer any ONE of the following questions in 40-50 words.

i. What did people say about Mourad? From whom had he inherited those traits?

OR
ii. Who is the first person to face Mrs Pearson's anger and what happens to the person?

## 14. Answer any one of the following questions in 120-150 words.

i. Happy moments are short-lived but provide a lifetime memory. They provide a cushion to bear the difficulties which the future has in store for you. Comment in the light of the poem 'A Photograph' by Shirley Toulson?

## OR

ii. Justify the title 'Silk Road'.
15. Answer any one of the following questions in 120-150 words.
i. No matter what your profession, moral values always play an important role in making you a complete human being. Explain with reference to the chapter 'Birth'.

OR
ii. It is essential to possess intelligence and common sense to rule over others. Comment in the context of the chapter 'The Tale of Melon of City'.

